## Maura Beth Hrynczyszyn

My name is Maura. In gaelic, it means: star of the sea. In french it means: sea of bitterness. I am both. I am an artist who: performs, acts, moves, writes music, sings songs, laughs, is a natural thing, is healing. I am a rock and roll, tree hugging art softy.

I believe all things are of nature, and that making art about/with nature promotes healing, as well as providing subtle education about our earth (yay edutainment). Nature is resilient, and has cycles of growth, decay, and healing. Remembering we are all animals is humbling, unifying, and hilarious. Reminding ourselves of this is the aim of my work, so I embrace clumsiness, awkwardness, hope, and failure. I am purposely unpolished because I believe anyone can and should make art. It is a natural yet revolutionary act.

Music and singing are my most authentic ways of communicating, and I use my songs to share about myself and my experiences, as well as reframe stories from my community, my family, about nature, and about healing- music is a strong tool for healing, always. Laughter, too. My background is in musical theater, and I am exploding and rebuilding my image of a musical. My roots are in community theater, and I will always be tied to and involved with community theater, and want to push the idea of community theater beyond Rodgers and Hammerstein.

In short: I write songs, we're all animals, being kind is punk, let's have fun